

#brainlifegoals PHOTO COMPETITION

More information and entry form at: www.efna.net



The #BrainLifeGoals Photo Competition

Launched in 2019, the **#BrainLifeGoals** campaign is raising awareness of the impact of neurological disorders by exploring the dreams and aspirations of those affected.

Sharing #LifeGoals has become a popular trend in social media. #LifeGoals are the often frivolous wishes people have – for example to own a designer handbag, meet a film star or drive a Maserati! Through this campaign people are putting a new spin on the trend by instead sharing their **#BrainLifeGoals**.

The campaign is an initiative of the European Federation of Neurological Associations (EFNA), an umbrella organisation representing pan-European neurology patient groups.

What are your #BrainLifeGoals for the New Year?

We're approaching New Year- a time when it is traditional in many parts of the world to resolve to make changes for the better, or to accomplish a personal goal. As part of the #BrainLifeGoals campaign EFNA is pleased to launch a photo competition on this theme. Participants are invited to submit photographs that reflect their goal for the future.

[Get some tips on taking great photographs here.](#)

Prizes

- The winning entry will receive a top prize of €500.
- Four runners-up will each receive a prize of €250.

Entries will be judged by a panel including patients representatives and professional photographers. Winners will be announced in late January 2020.

EFNA plans to hold an exhibition of entries at the European Parliament in Brussels during Brain Awareness Week (March *[to be confirmed]*), and again at the European Academy of Neurology Congress in Paris (May).

The competition will be open until Wednesday, January 1st 2020 at midnight CET.

[CLICK HERE FOR ENTRY FORM](#)

COMPETITION RULES

- Photos should reflect the #BrainLifeGoals theme .
- Photos must be submitted [via the entry form here](#).
- Photos should be high-resolution (a minimum of 1MB and a maximum of 6MB file-size).
- Photos may be taken using a regular camera, smartphone or tablet.
- Entrants must provide their name, nationality and email address.
- Each entry must be entirely the original work of the contestant, must have a title, description and indicate the location in which the photo was taken.
- Entries submitted in a language other than English should include English translation.
- Entrants should be personally affected by a neurological disorder.
- Any person included in a photo must have given their express permission to be photographed.
- By submitting a photograph to EFNA the contestant agrees to grant EFNA, free of charge, the right to publish the photograph online and in other EFNA media.
- The contestant agrees to grant EFNA the right to publish the name, nationality and entry details provided with their entry.
- Closing deadline for entries is 1st January 2020 and all entries must be submitted electronically.
- The winning entries shall be announced in late January 2020
- Entrants under 16 years of age, must obtain your parent's or guardian's permission before entering the competition.
- A maximum of three entries may be submitted by each participant.
- The judges' decision is final and no correspondence shall be entered into.
- EFNA reserves the right to disqualify any entry which breaches any of these rules.
- An independent judging panel shall select the winner and runners up.
- All information submitted will be stored in accordance with EFNA's [Data Protection Policy](#).